

When our gaze is fixed on Jesus, we find that we are not actually living by sight at all, but rather by faith. Our hearts gaze unflinchingly upon Him and we continue the race with confidence, knowing that while our eyes might deceive us, the author and finisher of our faith never will.

If we want to return to the childlike faith that is the true antidote for worry, the pathway is through looking to Jesus again and again.

*Growing Down*  
Michael Kelley



If you'll excuse the metaphor, I am an intellectually fat Christian. My mind is obese with knowledge and bloated with facts. And I loosen the belt around my heavily churchified brain more and more day by day. Sadly, though, I have found that rarely does my passion keep pace with my knowledge; rarely does my heart walk in step with my mind.

It's the most terrible kind of irony to be surrounded by so much knowledge, and yet to no longer be awed by a single shred of it.

*Growing Down*  
Michael Kelley



To wait, biblically speaking, is not to assume the worst, worry, fret, make demands, or take control. Nor is waiting inactivity. Waiting is a sustained effort to stay focused on God through prayer and belief. To wait is to "*rest in the Lord, and wait patiently for Him.*"

(Psalm 37:7)

*You'll Get Through This*

Max Lucado